



Building an Effective School Counseling Program Through Data

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School Counseling is Changing...

Before

- Reactive
- Random Acts of Counseling
- Use of Referrals
- Measure Impact with Number Served



New Way

- Proactive
- Intentional Acts of Counseling
- Use of Data
- Measure Impact with Behavior Change Data

Our Foundation

NMMS Counseling Vision Statement

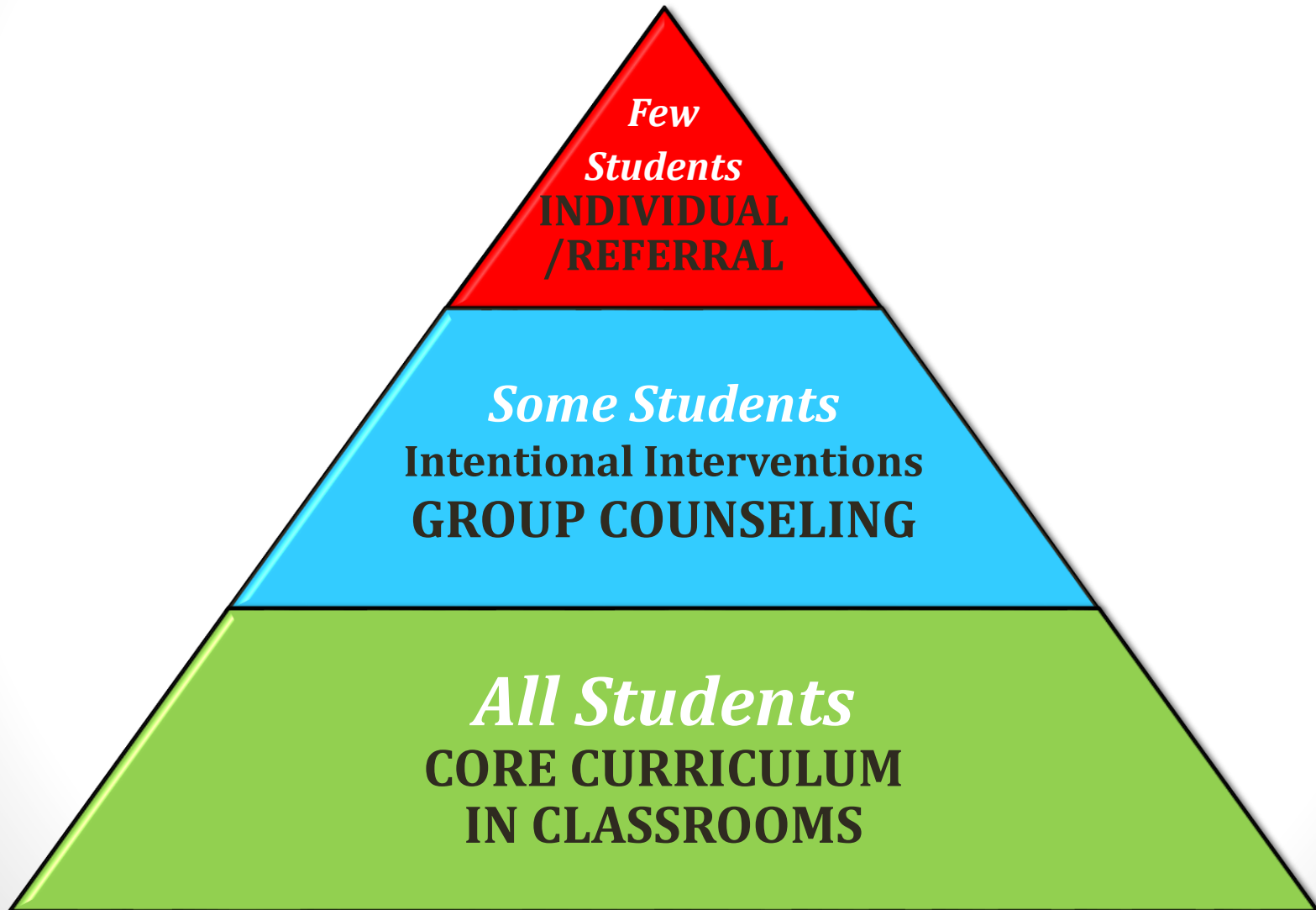
*The North Mountain Middle School Counseling program, through **collaboration** with faculty, parents and community stakeholders, will provide all students with the **tools and resources to succeed**. We believe that students will explore their own talents, take pride in themselves, their school, and their community in order to leave North Mountain **college and career ready**.*

NMMS Counseling Mission Statement

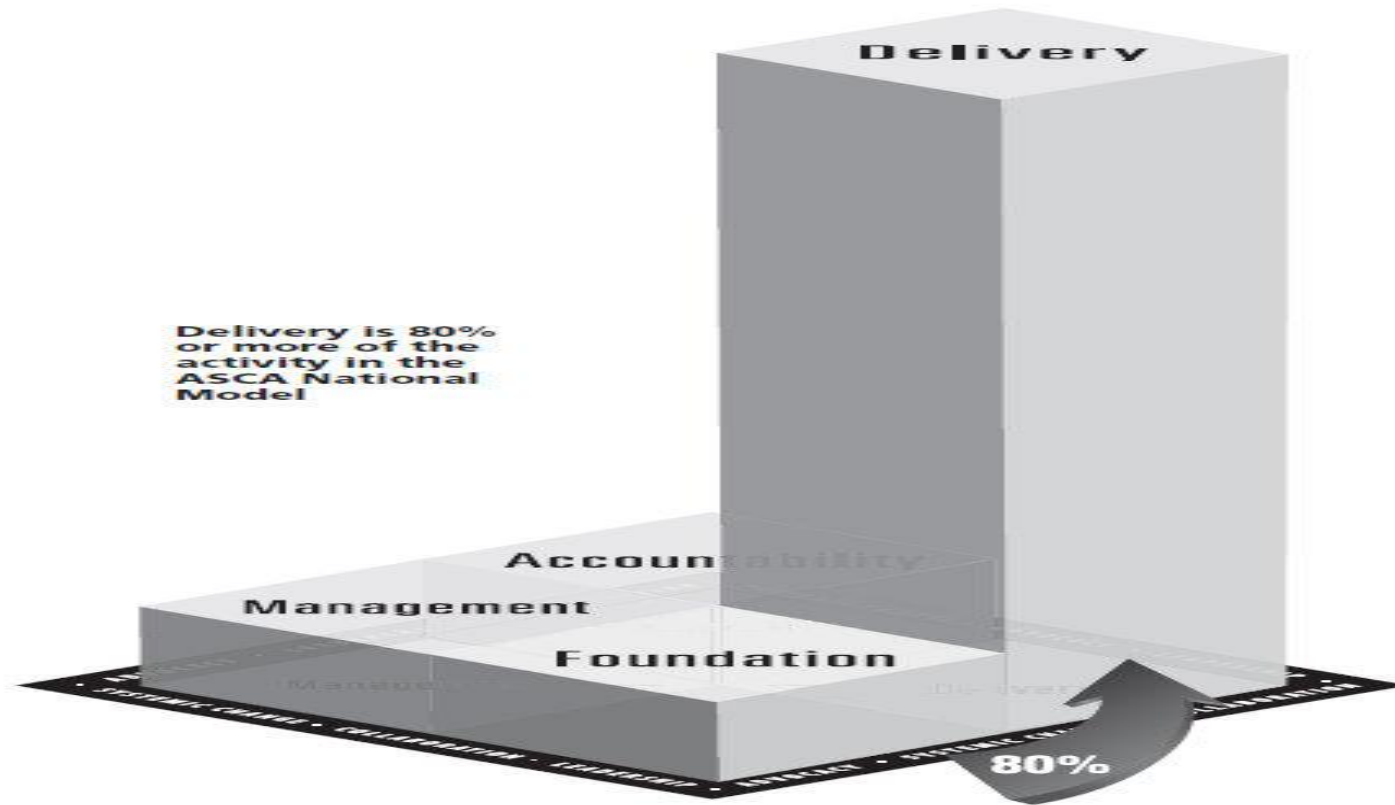
*The mission of North Mountain Middle School Counseling program is to ensure that **all** of our students receive **equitable access** to the knowledge, attitudes and skills necessary to achieve **academic excellence, college/career readiness, personal growth and social responsibility** to become contributing members of their community.*

Three-Tier Model

Aligns with Response to Intervention (RtI)



80% Direct Services with Students



Program SMART Goals

Goal #1—Decrease in the % of 6th grade suspensions as compared to last year

Goal #2—Decrease in the # of 6th grade boys with 3 or more Fs between Q1 and Q2

Goal #3—Increase in % of ALL students who can calculate GPAs

Core Curriculum at-a-Glance

	6 th grade	7 th grade	8 th grade
Fall (Sept-Oct) Academic	Academic Success MS transition	Academic Success	Academic Success HS transition, A-G
Winter (Nov-Dec) Personal/Social	Bullying Prevention	Bullying/ Cyberbullying	Safe School Culture/ Early Warning Signs
Spring (Jan-Mar) College/Career	Using Naviance: Interest Finder	Using Naviance: College Supermatch	Using Naviance: A-G Tools

Sample Core Curriculum Activity

“GPA Team Race”

- You will be divided into a team of 4
- Each team will be given 6 cards
- Each card has a letter grade on it (ex: “A”, “C”, etc.)
- Your team task is to Calculate the total GPA
- Winning team gets to present

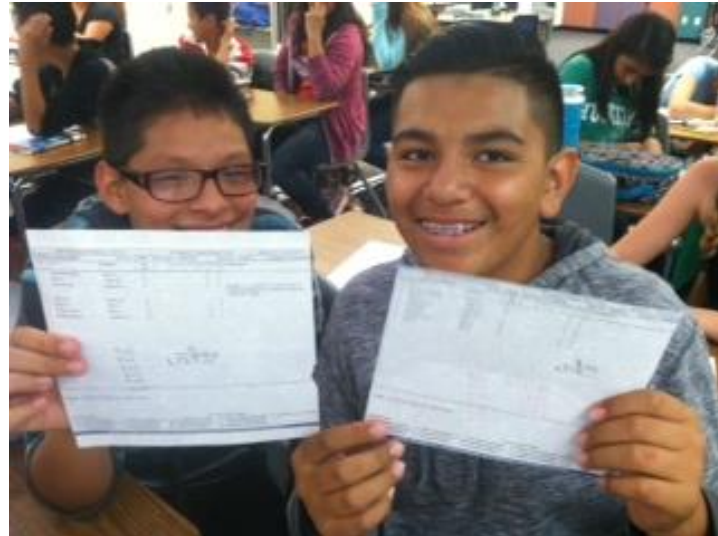
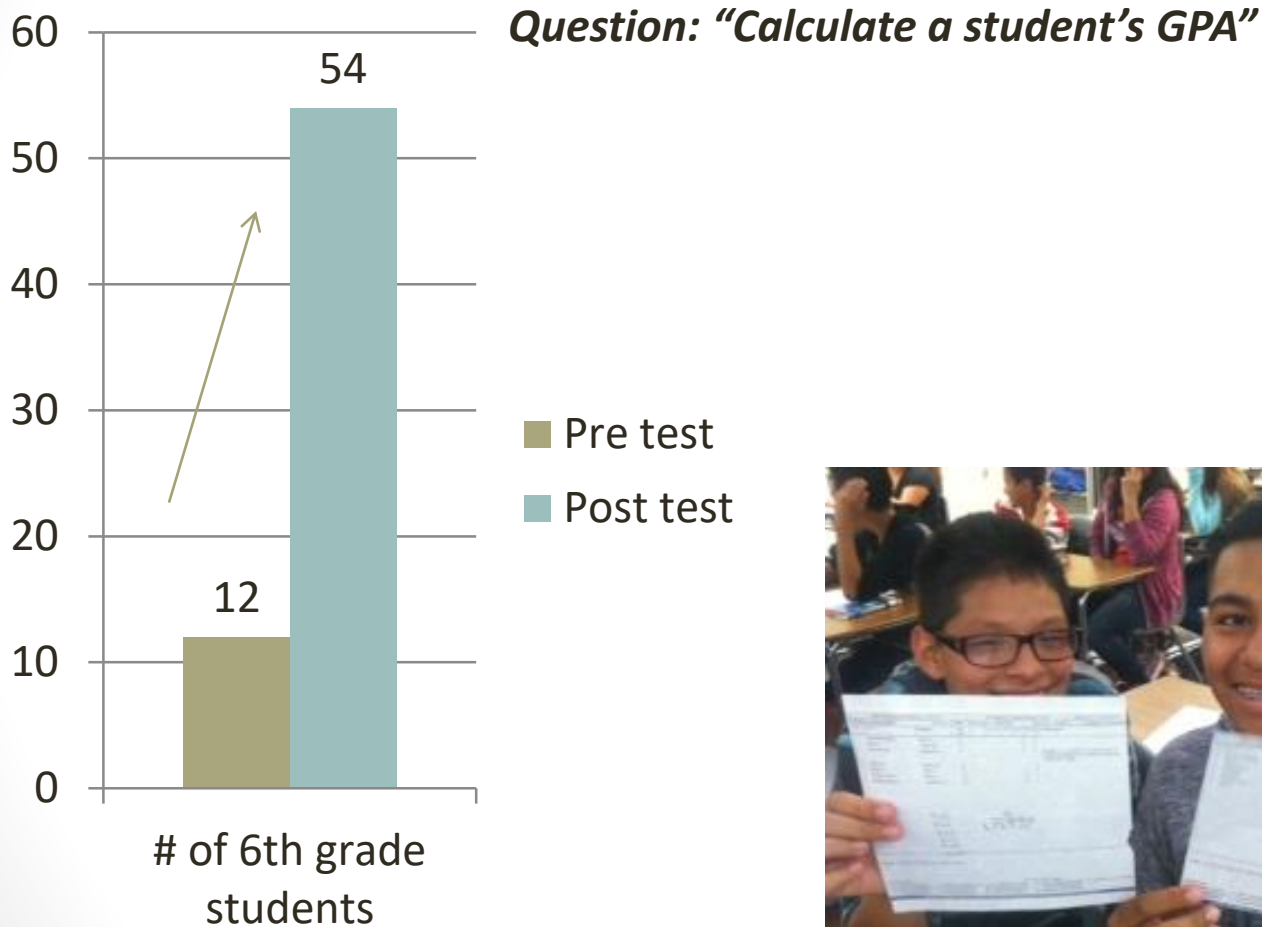
Sample Core Curriculum Activity

”Putting it All Together”

- Read the following transcript. In your notes, Answer the following in your groups:
 - 1. Calculate Chloe’s GPA
 - 2. How many students have a better ranking? How many students are behind?
 - 3. Chloe wants to play basketball. In order to play, she needs a min. 2.0.
 - 4. Can Chloe play basketball? Why or why not?
- B in ELA Support
- C in Science
- D in PE
- D in Social Studies
- F in English Language Arts
- D in Math
- Class Rank: 317 of 342

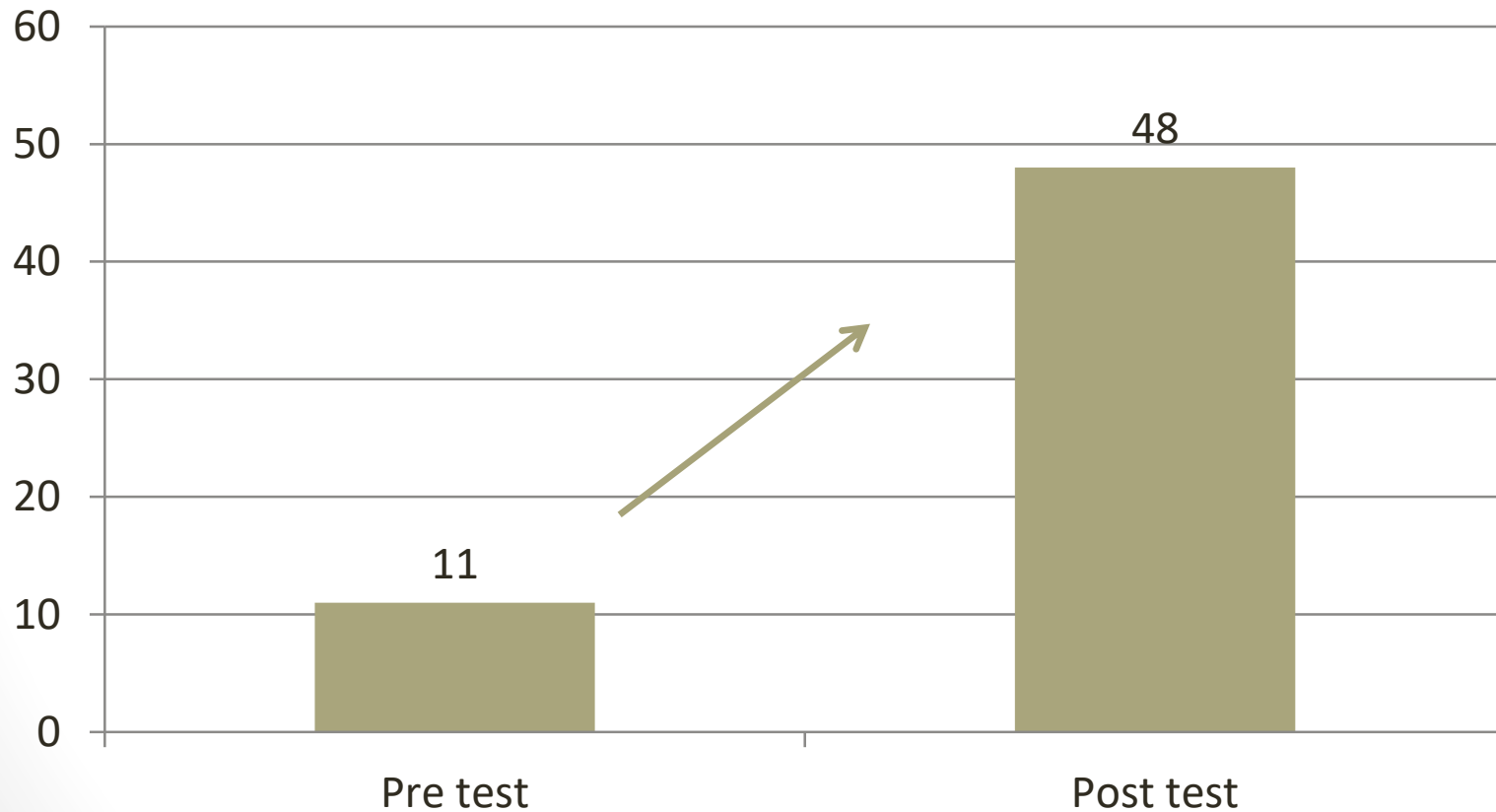
Provide evidence to support

Skill: # of Students who Could Calculate a GPA from a Scenario



Knowledge: # of Students who Knew A-G Requirements (Goal #2)

Question "What are A-G requirements?"



Attitude: % of students Who Believed they Could help to Make NMMS Safer

Question: "I believe I can take a part in helping to make NMMS a safer place to be."

PRE-TEST

42 % of students chose Agree or Strongly Agree

POST-TEST

78% of students chose Agree or Strongly Agree

This is an **86%** INCREASE!!

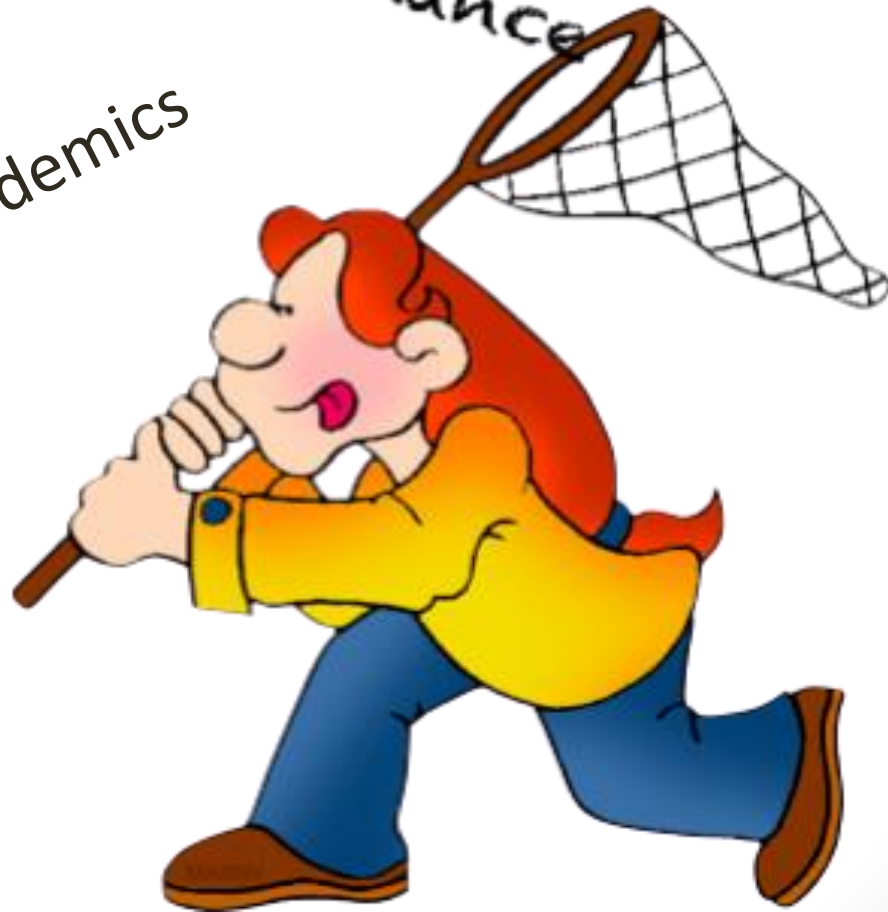
SHIFTING ATTITUDES!!

Collecting Data by Need

Behavior

Attendance

Academics



Intentional Guidance

- Husky Heart to Heart
- Criteria
 - Students with 3 or more F's during Q1 marking period
- Students met with school counselors and examine grades, study skills and developed goals to improve
- **33** 6th graders
- **4** 7th graders
- **15** 8th graders

Sample Academic Intervention Activity

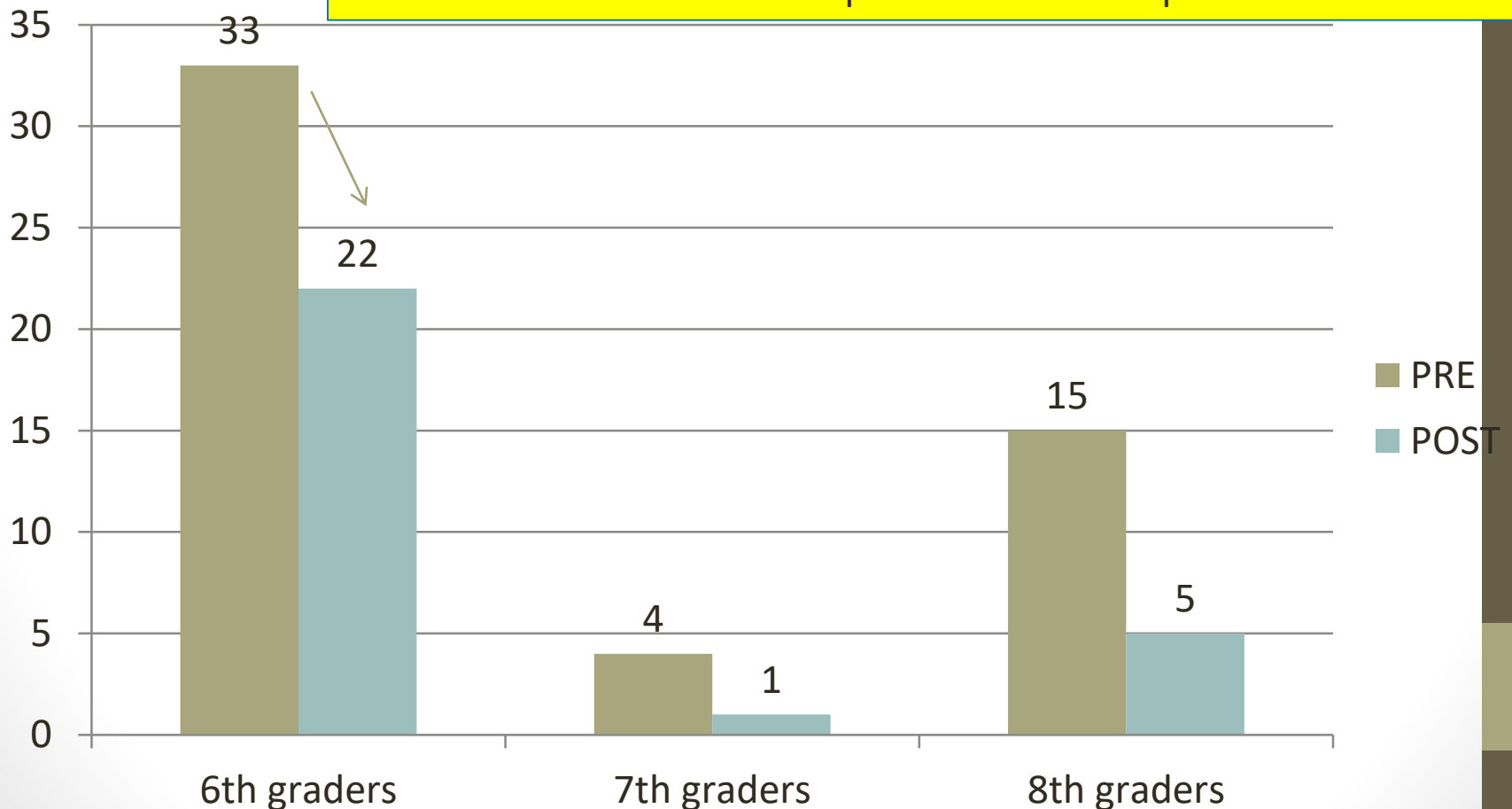
“Defining Success”

- With a partner, answer the following:
- *What does “success” mean to you?*
- In school?
- At home?
- In a career?
- what does it look like? Feel like? Sound like?



Using Academic Data: Husky Heart-to-Heart

Students with 3 or more F's in Q1 met with school counselors to create an improvement action plan.



Using Discipline Data-- Girls' Empowerment Group

- **Criteria**
 - Female students who had 10 or more discipline incidents through Q1
- Mrs. Gardner and Ms. Ruiz (security) met with the group for 8 weeks and discussed: leadership, peer pressure, and making safe choices
- A total of 8 students began and finished the group
- **All but two** students **reduced discipline incidents** during the group!

Individual School Counseling



Serving ALL students

Counselor Appointment Form

- For use exclusively by students and parents
- Located in school main office OR
- School counseling page on the NMMS website
- Unless emergency, students will be seen in order of priority
 - Crying student is not an emergency
 - Suicide Assessment—let us know ASAP
 - Self-Injury: contact us

School Counseling Referral Process

For Teachers

I am concerned about a student, how can I get him/her some help?

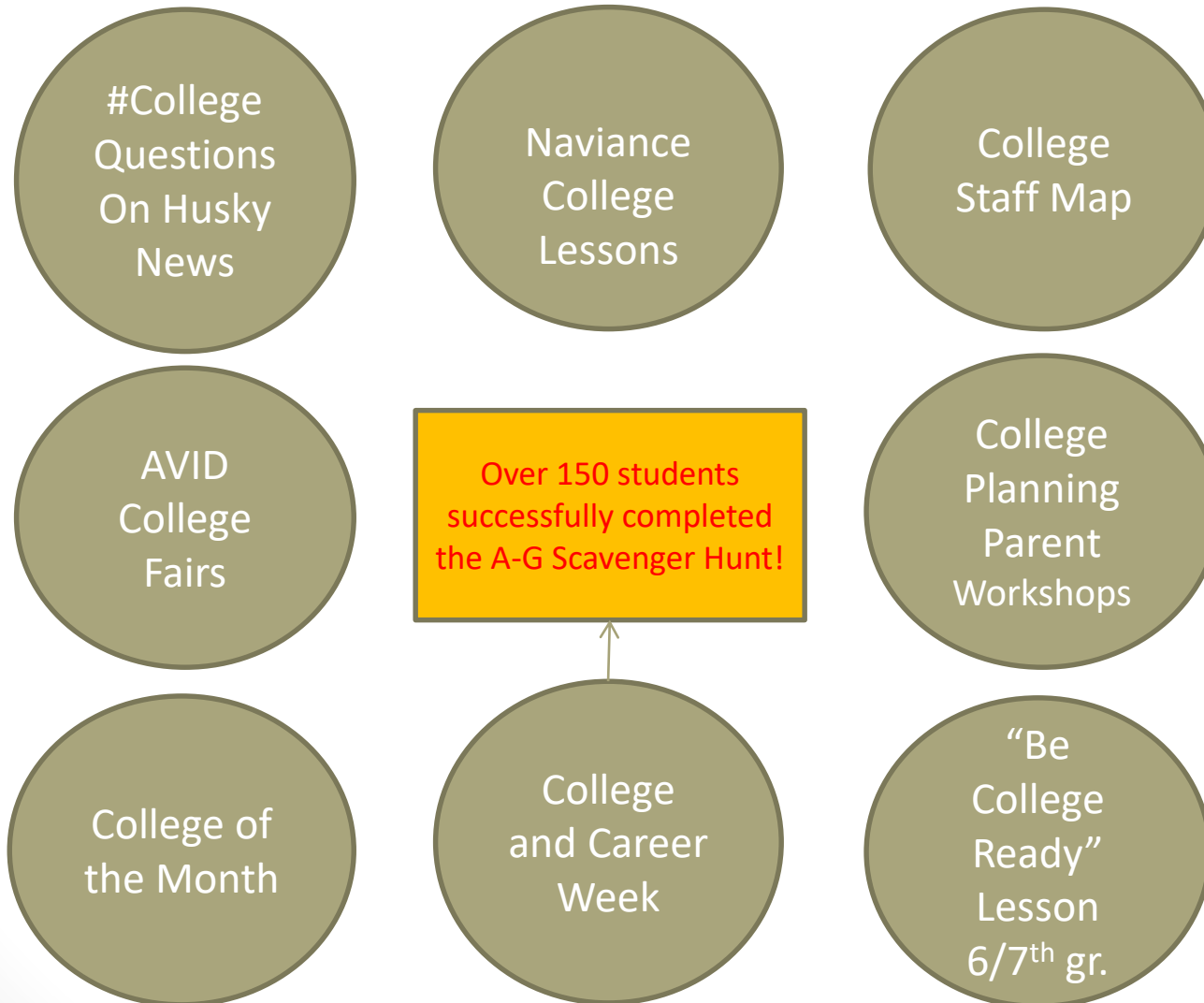
- Fill out a *“school counseling referral”* form (located in school counselor mailbox/e-mail)
- School counselor will screen student and follow up with teachers/parent(s) for next steps

Restorative Justice

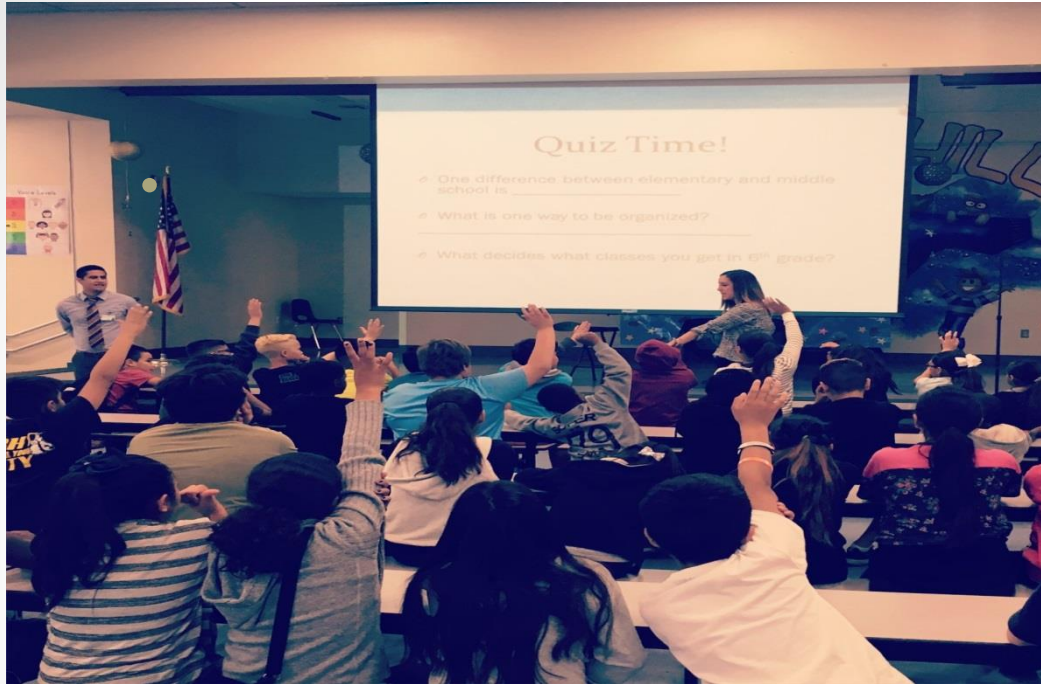
- Between October and May, school counselors met with 72 *students individually* for *post-suspension*, as a means of restorative justice.
- *Only 14* of those students were *suspended* since!



Increase in the # of College and Career Readiness Programs at NMMS (Goal #3)



Creating a College-Going Culture



Advancement
Via
Individual
Determination



AVID[®]
Decades of College Dreams

North Mountain's College Kickoff Plan



Activity	Point Person(s)	Activity Location	Grades Impacted
Wear college gear	All staff	School-wide	ALL
California Reality Check lesson www.cacareerzone.org	Math dept	Math classrooms	ALL
MSJC athletes presentation	PE/School counselors	PE department	ALL
College facts slideshow	Librarian	Library	ALL
College fight songs @ lunch	ASB	Lunch	ALL
Cap and Gown presentations	School counselors	Selected classrooms	ALL
College Prep Family Night	School counselors	Multipurpose Room	ALL
Advisory College Pathways: Teachers' Journeys	Advisory teachers	Advisory classrooms	ALL

School counselor vs Non-counselor duties

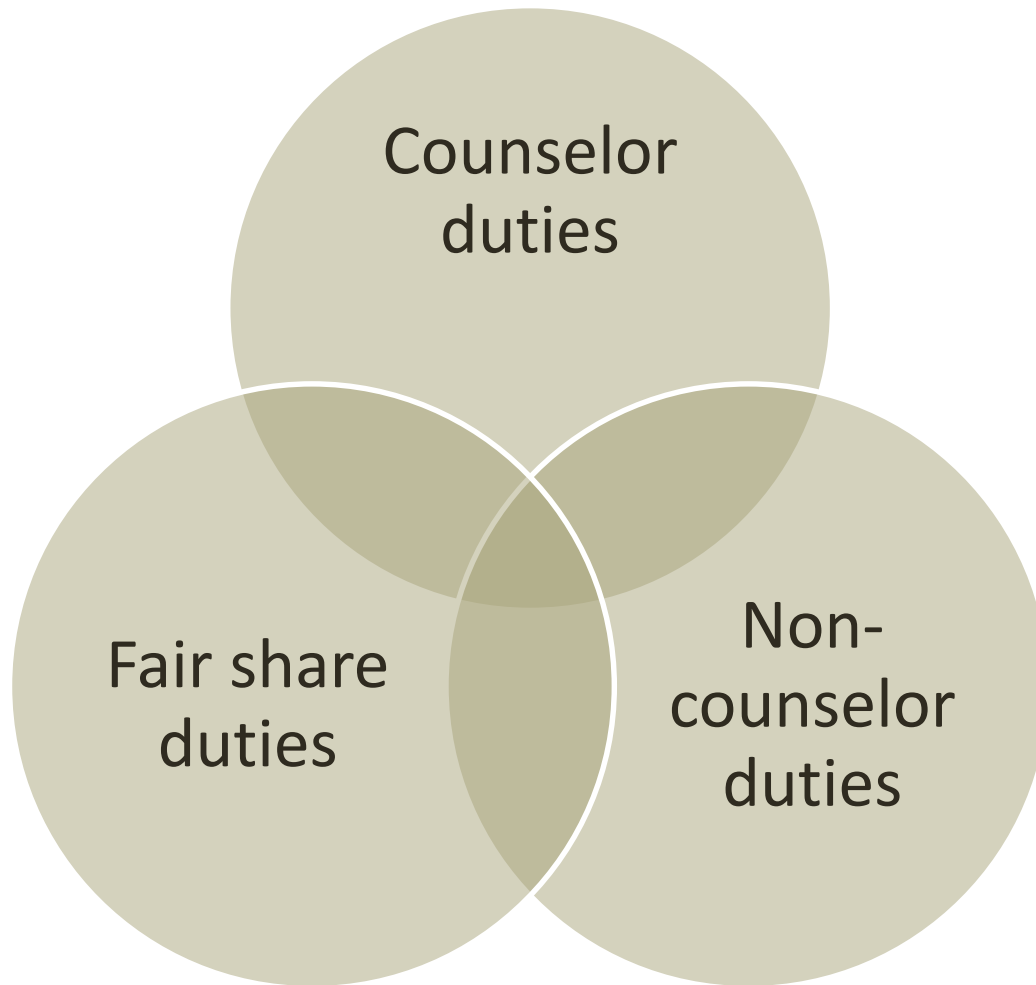
Appropriate

- Fair Share Activities
- Facilitating groups
- Involved in SST/IEP/504 meetings as needed

Inappropriate

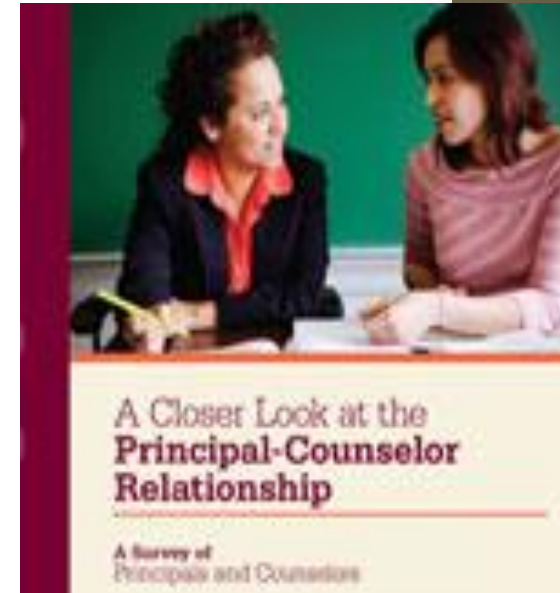
- Lunchtime Supervision
- Clerical
- Testing Coordinator

Where is your time spent?



Principal-School Counselor Relationship

- Classroom Lesson Observation and Evaluation
- Training in the ASCA National Model
- Bi-Monthly School Counselor-Admin meetings
- Principal-School Counselor Annual Agreement





Thank You

The School Counseling Program is contributing in a meaningful and positive way to the academic and social/emotional development of students.

EVERY STUDENT
WILL BE COLLEGE & CAREER READY!



SAN DIEGO STATE
UNIVERSITY



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